

# Food Menu

## Early Years T&C/J&C

Date	Monday June 12	Tuesday June 13	Wednesday June 14	Thursday June 15	Friday June 16
<b>Morning Snack</b>	Carrot Cinnamon Pancakes	Banana Oat Cookies	Boiled egg with toast	Cracker with cream cheese	Macaroni soup, Bread soft roll
<b>Fruit</b>	Watermelon <i>Whole Milk</i>	Dragon Fruit & Apples <i>Whole Milk</i>	Watermelon <i>Whole Milk</i>	Apples <i>Whole Milk</i>	Watermelon, Mango <i>Whole Milk</i>
<b>Lunch</b>	Thai fried rice with chicken	Shanghai Noodle Soup with chicken	Pizza cheese mushroom	Marinated Chicken wings	11:30am Dismissal
<b>Rice/Bread</b>	Bread rolls	Pizza Bread	Boiled corn	Sticky Rice	
<b>Sides &amp; Salad</b>	Stir Fried Broccoli and Carrots	Corn on the cob	Cherry Tomatoes and Cucumbers	Edamame	
<b>Fruit</b>	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	

## Whole School Menu

Date	Monday June 12	Tuesday June 13	Wednesday June 14	Thursday June 15	Friday June 16
<b>Morning Snack</b>	Wonton soup	Banana Muffins	Scrambled egg with toast	Cracker with cream cheese	Ham & Cheese rolls Sushi
<b>Fruit</b>	Watermelon <i>Whole Milk</i>	Dragon Fruit & Apples <i>Whole Milk</i>	Watermelon <i>Whole Milk</i>	Apples <i>Whole Milk</i>	Watermelon, Mango <i>Whole Milk</i>
<b>Lunch</b>	Thai fried rice with chicken	Shanghai Noodle Soup with chicken	Pizza ham mushroom cheese	Marinated Chicken wings	11:30am Dismissal
<b>Rice/Bread</b>	Bread rolls	Pizza Bread	Boiled corn	Sticky Rice	
<b>Sides &amp; Salad</b>	Stir Fried Broccoli and Carrots	Corn on the cob	Cherry Tomatoes and Cucumbers	Papaya Salad	
<b>Fruit</b>	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	