

Menu: July 5 - 9, 2010



July 5 / Mon	July 6 / Tue	July 7 / Wed	July 8 / Thu	July 9 / Fri
First Snack (Youngest Group)				
Crackers Seasonal fruit Milk	White tofu soup with chicken Seasonal fruit Milk	Yoghurt Cereal Seasonal fruit Milk	Boiled pasta Seasonal fruit Milk	Vegetable soup Seasonal fruit Milk
Second Snack (All Groups)				
Congee soup with chicken Seasonal fruit Milk	Egg sandwiches Seasonal fruit Milk	Pancakes Seasonal fruit Milk	ABC chicken soup Seasonal fruit Milk	Ham or cheese sandwiches Seasonal fruit Milk
Lunch				
Stir Fried noodles with chicken, vegetables and egg Clear soup Seasonal fruit	Rice Chicken teriyaki Stir fried mixed vegetables Seasonal fruit	Rice with red pork and boiled eggs Cucumber sticks Clear soup Seasonal Fruit	Rice Fried fish fingers Stir fried mixed vegetables Seasonal fruit	Spaghetti with chicken sauce Vegetables sticks Seasonal fruit